

GOT WORK? **NO WORRIES**

**TUESDAY AND/OR THURSDAY NIGHTS
AT 6PM. SEPT. 12 - OCT. 5TH**

**FOR 4-WEEKS, JOIN TRAINER, JOE
GROGAN, AND 3-7 OTHER PARTICIPANTS
FOR A GREAT ONE-HOUR WORKOUT!
YOU WILL WORK ON THE TURF & IN THE
GYM WORKING BOTH STRENGTH AND
CARDIOVASCULAR TRAINING.**

MEMBERS 1X/WEEK =\$100

2X/WEEK \$200

NONMEMBERS 1X/WEEK = \$120

2X/WEEK \$240



REGISTRATION FORM

Participant _____ DOB _____

Parent's Name (If under 18) _____

Address _____

Family Email _____

Home Phone _____

Emergency Contact _____ Phone _____

Membership Member Non-member Payment Method House Charge Check Credit Card

Credit Card Visa Amex MC Discover Card # _____ Exp. Date _____ CVV _____

Clinic Name _____ Day _____ Time _____

The undersigned fully accepts that the Kingsbury Club, its shareholders, directors, officers, employees, representatives and agents cannot be held responsible for any loss, claim, injury, damage or liability sustained or incurred during participation on the premises of Kingsbury Club & Spa. The Kingsbury Club & Spa reserves the right to photograph program participants for publicity purposes, in print or electronic media

Participant's Signature: _____ Date _____

Parent's Signature: _____ Date _____