

..... **KINGSBURY CLUB & SPA**

TUES AND /OR **THUR** **EVE TEEN TRAINING**

SEPT. 19 - OCT 26
AGES 10+

TUES AND/OR THURS ON THE TURF W/JOE
FROM 5:00 - 6:00 PM

MEMBERS 1xweek \$150 (6-workouts)
2xweek \$300 (12-workouts)
NON-MEMBERS 1xweek \$180 / 2xweek \$360

Join Joe for some great teen training. Obstacle courses, box jumps, tank pushes, running, light lifting, core work & more! Keep your kiddos moving this with this constant-motion fitness class, taught by Professional football player, Joe Grogan!

KingsburyClub.com

6 WEEKS



REGISTRATION FORM

Participant _____ DOB _____

Parent's Name (If under 18) _____

Address _____

Family Email _____

Home Phone _____

Emergency Contact _____ Phone _____

Membership ☐ Member ☐ Non-member

Payment Method ☐ House Charge ☐ Check ☐ Credit Card

Credit Card ☐ Visa ☐ Amex
☐ MC ☐ Discover

Card # _____ Exp. Date _____ CVV _____

Clinic Name _____ Day _____ Time _____

The undersigned fully accepts that the Kingsbury Club, it's shareholders, directors, officers, employees, representatives and agents cannot be held responsible for any loss, claim, injury, damage or liability sustained or incurred during participation on the premises of Kingsbury Club & Spa. The Kingsbury Club & Spa reserves the right to photograph program participants for publicity purposes, in print or electronic media

Participant's Signature: _____ Date _____

Parent's Signature: _____ Date _____