

MARTIAL ARTS

These spaces fill up fast! Please register early to guarantee your spot.

HYDRA
Ages 7-12
Wednesday
5:30-6:30 PM

NAGA (advanced)
Ages 10+
Wednesday
5:30-6:30 PM

TIAMAT
Ages 5-6
Wednesday
5:30-6:30 PM

This Martial Arts program combines no contact self defense and karate basics. Students will learn discipline and proper techniques for kicking, punching, and more. Uniform included for new students. **Testing fees charged separately.**

11 WEEKS ✨ ✨ ✨

SEP 11 - NOV 20

MEMBERS \$171
NON MEMBERS \$198

Instructor - Michael Purdy

Master Michael Purdy, 5th Degree Black Belt in Shaolin Kung Fu and Kempo Karate, is a veteran educator and curriculum developer. Michael has taught in the Kingsbury Club's Elite Martial Arts program for the past 5 years. While the overall objective of the program is to teach self-defense skills, Michael's emphasis is the development of self-esteem, which comes through mastering techniques and progressing through the belt ranks. Of course, having fun while improving strength, flexibility, coordination and balance is also on the bill.

For questions regarding classes or levels contact David Gonick at 781-585-3883 or email david@kingsburyclub.com.

Martial Arts for Kids

All classes are held in Studio A. Classes are filled on a first come, first serve basis. Please fill in the information on the REGISTRATION FORM sign the bottom and return to the instructor or David Gonick ASAP to reserve your spot. Please provide a payment method when renewing.

Online registration is available through our Club App and Online member Portal by clicking on programs and selecting Martial Arts. Student must already be in our system. Please fill out this registration form if the child is not already in our system or visit our website and fill out the New Participant application. Questions regarding Martial Arts please call 781-585-3883 or email david@kingsburyclub.com.

Payment is due at the time of registration. 10% of the cost of the program, lesson, clinic will apply to a non refundable registration fee at the time of registration. 72 hours prior to the start of the group program, lesson, clinic all fees are non refundable. Medical exemptions will be managed case-by-case, with a doctor's note required.



REGISTRATION FORM - MARTIAL ARTS

Child's Name _____ DOB _____
Parent's Name _____
Address _____
Phone _____ Email _____
Emergency Contact _____ Phone _____
Membership Type: Member Non-Member _____
Payment: House Charge Check Credit Card _____
Exp Date _____ Security Code _____
Class _____ Day _____ Time _____ Fee _____

The Kingsbury Club & Spa reserves the right to photograph program participants for publicity purposes, in print or electronic media.

Parent's Signature _____ Date _____