

GET YOUR BODY POWERED UP

KINGFIT



WITH MONICA

Mon | Wed | Fri: 8:30 - 9:30 AM

Jan 3rd - Feb 28th*

*group will not meet on Mon Feb 3rd or Feb 17th

\$25/TRAINING MEMBER

\$30/TRAINING NON-MEMBER

Join Monica on Mon/Weds and or Fri's at 8:30am for a small group workout! 4-8 participants per day. Join Monica 1x/2x or 3x's/week for small group training.



KINGSBURY CLUB



REGISTRATION FORM - KINGFIT

Full Name _____

Address _____

Phone _____ Email _____

Emergency Contact _____ Phone _____

Membership Type: Member Non-Member

Payment: House Charge Check Credit Card _____

Exp Date _____ Security Code _____

Class _____ Day _____ Time _____ Fee _____

The Kingsbury Club & Spa reserves the right to photograph program participants for publicity purposes, in print or electronic media.

Signature