

..... **KINGSBURY CLUB & SPA**

SATURDAY **YOUTH FITNESS**

7 WEEKS

JAN 4TH - FEB 15TH* | AGES 5+

ON THE TURF W/RUTH - NEW TIME!! 10:15-11:00 AM

(Kids Yoga will continue at 11am in the downstairs studio)

FREE FOR MEMBERS

\$20 PER CLASS NON-MEMBERS (GUEST FEE)

**Many Fitness offerings for
our younger members this
Fall!**

Obstacle courses, box jumps,
tank pushes, running, light
lifting, core work & more!
Keep your kiddos moving this
summer with this constant-
motion fitness class, taught by
Ruth whom many of your
kiddos know from tennis
and/or summer camp.



KingsburyClub.com

REGISTRATION FORM

Participant _____ DOB _____

Parent's Name (If under 18) _____

Address _____

Family Email _____

Home Phone _____

Emergency Contact _____ Phone _____

Membership Member Non-member Payment Method House Charge Check Credit Card

Credit Card Visa Amex MC Discover Card # _____ Exp. Date _____ CVV _____

Clinic Name _____ Day _____ Time _____

The undersigned fully accepts that the Kingsbury Club, its shareholders, directors, officers, employees, representatives and agents cannot be held responsible for any loss, claim, injury, damage or liability sustained or incurred during participation on the premises of Kingsbury Club & Spa. The Kingsbury Club & Spa reserves the right to photograph program participants for publicity purposes, in print or electronic media

Participant's Signature: _____ Date _____

Parent's Signature: _____ Date _____