

## Kingsbury Club Pool Schedule - Summer 2025

Times	Mon	Tue	Wed	Thur	Fri	Sat	Sun
5am		Masters 5-6am		Masters 5-6am			
6am		Kingfish	Kingfish		Kingfish	Masters 6-7:30	
		6-8am	6-8am		6-8am	using lanes 1-6	Kingfish
7am		lanes 1 - 6	lanes 1 - 6		lanes 1 - 6		6:30-11am
	Masters			Masters			
8am	7:30-8:30am			7:30-8:30am			lanes 1-6
	Deep Fitness	Shallow Fitness	Deep Fitness	Shallow Fitness	Deep Fitness		
9am	8:30-9:30am	8:30-9:30	8:30-9:30am	8:30-9:30	8:30-9:30am	Deep Fitness	
						9am-10am	
10am	Swim Lessons in Shallow End , Teaching area and two lanes						
	9:30- 12pm Mon - Thur				Pilgrim Camp		
11am					teaching area		Masters
	KC Camp	KC Camp	KC Camp	KC Camp	KC Camp -shallow		11am - 12pm
12pm							
	Lanes 2 - 8 open , shallow end open						
1pm	Lanes 1 open for deep end play						
2pm							
3pm							
4pm	Kingfish		Kingfish		Kingfish		
	4-8pm		4-6pm		4-5:30pm		
5pm	lanes 1-6		using lanes 1-6		using lanes 1-6		
6pm		Shallow Fitness		Kingfish 6-8pm			
	lanes 7 & 8	6-7pm		Shallow 6-7pm			
7pm	open for lap swimming			lanes 7 & 8 open for lap swimming			
8pm							
	Effective Date Sunday June 15th						

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