

A circular inset image showing a swimmer's arms and head above water, performing a stroke. The water is bright blue and splashing.

# ADULT SWIM LESSONS

LATE FALL 2025

MEMBERS  
**\$122.50**  
NON MEMBERS  
**\$147.50**

For adults that can swim but would like help with stroke technique. Get the most out of your time in the water by becoming more efficient. Learn new strokes or improve upon your current ones. **Private adult lessons also available.**



**5 WEEKS NOV 14<sup>TH</sup> – DEC 19<sup>TH</sup>**

NO CLASS Nov 28

**BEGINNERS 4:30 PM**

must be comfortable in the water and able to float.

**FOR MORE INFORMATION :**

781-936-0396

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