

Kingsbury Club Pool Schedule - Summer 2026

Times	Mon	Tue	Wed	Thur	Fri	Sat	Sun
5am		Masters 5-6am		Masters 5-6am			
6am		Kingfish 6-8am	Kingfish 6-8am		Kingfish 6-8am	Masters 6-7:30 using lanes 1-6	Kingfish
7am		lanes 1 - 6	lanes 1 - 6		lanes 1 - 6		6:30-11am
8am	Masters 7:30-8:30am			Masters 7:30-8:30am			lanes 1-6
9am	Deep Fitness 8:30-9:30am	Shallow Fitness 8:30-9:30	Deep Fitness 8:30-9:30am	Shallow Fitness 8:30-9:30	Deep Fitness 8:30-9:30am	Deep Fitness 9am-10am	
10am	Swim Lessons in Shallow End , Teaching area and two lanes 9:30- 12pm Mon - Thur						
11am					Pilgrim Camp teaching area		Masters 11am - 12pm
12pm	KC Camp	KC Camp	KC Camp	KC Camp	KC Camp -shallow		
1pm	Lanes 2 - 8 open , shallow end open Lanes 1 open for deep end play						
2pm							
3pm							
4pm	Kingfish 4-8pm		Kingfish 4-6pm		Kingfish 4-5:30pm		
5pm	lanes 1-6		using lanes 1-6		using lanes 1-6		
6pm	lanes 7 & 8	Shallow Fitness 6-7pm		Kingfish 6-8pm Shallow 6-7pm			
7pm	open for lap swimming			lanes 7 & 8 open for lap swimming			
8pm	Effective Date Sunday June 15th						

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